

What's Intentional Community?

SAMPLE USC COMMUNITY PLAN

Monday Night Community Nights

Community nights are the most pivotal evenings in your life together. Your agencies are asked to make sure you are finished at work by 4:30 PM on Mondays in order to allow you to be present for all activities. **THIS IS NOT OPTIONAL!** Every time a community member misses a community night something is lost.

The schedule for Monday nights is as follows:

5:00 PM - 6:00 PM Supper Together with your house

6:00 PM - 7:00 PM Clean up and House meeting

7:00 PM - 8:30 PM Activity with all communities.

(each Monday is different: Worship, Bible Study, Issues Speaker/Discussion, Fun Night or on the fifth Monday-and exploration of intentional community topics)

8:30 PM - 10:30 PM Check In with your house

Thursday Night Community Nights

This evening will begin at 6:00 PM with a shared meal and end any time after 8:30 PM. Thursday night Community Nights will be planned and carried out by the community with any help requested from the USC administration. Activities can include whatever the community feels is needed to improve their life together. **This should be a fun evening together!**

Meals

It is important that you and your communities are eating meals together as often as possible. Monday night is not enough to maintain intentional community relationships.

Friday Community Days

Each second Friday of the month is USC Community Day. The community and the directors together will coordinate community day. The Friday community days will be (subject to change). Here are some samples of Friday Community Days.

- ◆ **September:** Orientation takes the place of Sept. Community Day
- ◆ **October:** Hunger Issues and Food Safety
- ◆ **November:** Diversity Training
- ◆ **December:** Retreat in the Colorado mountains
- ◆ **January:** Legislative Issues and Advocacy 101
- ◆ **February:** Winter Retreat with Border Servant Corps
- ◆ **March:** Co-Dependency Workshop
- ◆ **April:** Visit a Buddhist Ashram nearby
- ◆ **May:** Labyrinth Building or another outdoor service project
- ◆ **June:** Community Camp Out
- ◆ **2nd weekend in July:** Community Closure Retreat (done separately by house)
- ◆ **3rd weekend in July:** Community Closure Retreat
- ◆ **1st Friday in August:** Last day of work at agencies
- ◆ **2nd Friday in August:** Move out day
- ◆ **Last Sunday in August:** New Community Arrives!

There is a lot more to life in Intentional Community. This is just a taste!